# **February 2025 Edition**

# Sanborn Gratiot Memorial Home Newsletter



You Are Cordially Invited to Attend a Night Of

A Benefit Fundraiser for Sanborn Gratiot Memorial Home

Friday, March 14, 2025

6 o'clock in the Evening

Alexander's Premier Banquet Facility 1200 Gratiot Boulevard Marysville, MI 48040





# Tickets Are On Sale Now!

\$100 each or \$180 for two

Don't Delay! Seating is limited.

Heavy appetizers, Cash Bar, Silent Auction, Raffles, and so much FUN!

Event runs 6pm to 9:30pm

To purchase tickets, scan the QR code or enter this link into your web browser https://sanborngratiot.org/order-tickets/.

If you have any questions, contact Kathy Baker at (810) 388-1200 or via email at baker@bwdh.org.

Proceeds from this event will benefit Sanborn Gratiot Memorial Home, its capital campaign fund and/or it's endowment fund.



# **Sanborn Gratiot Memorial Home**

**Board of Directors** 

**Tiffany Francis** President

**John Cantwell** Vice President

**Nora Arnold** Secretary

Jeffrey VanDeusen **Treasurer** 

**Scott Crawford** 

**Juanita Gittings** 

**Kristy Jones** 

Elizabeth Sawielski

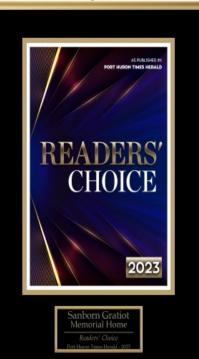
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Senior Millage Recipient



# **Community Foundation**





Sanborn Home sparkled with holiday lights and activities during December. The Auxiliary was pleased to sponsor cookie decorating, the PH Museum Christmas Lights Trolley Tour, and was present when Santa visited his favorite friends!





# COOKIE DECORATING AT ITS BEST

























What does the Auxiliary have lined up in the coming month? Mindy Charron returns each month with her guitar, encouraging those present to sing along and move with the rhythm of the music. "Viola Kat" entertained the residents on January 23, 2025. Family and friends are always welcome.



fragile things, but just look what they can do when they stick together



On February 15, 2025 the Sanborn Family will celebrate the day that the first guests moved into "Gratiot Memorial Home"

That was:

February 15, 1945





# Ways to Address the Emotional Needs of Seniors:

### By Kathy Baker

## **Community Service Division Director**

At all stages of life, we have emotional needs that must be met in order to feel genuinely happy and healthy. As we age, your emotional needs and the way those are met changes. Friends, family, support staff, and the community can all do their part to ensure that the emotional needs of older adults are met.

Everyone has different values and priorities and seniors are no different. However, there are certain needs that all older adults seem to need. The following are a few examples:

- Social Integration
- Meaningful Relationships
- Safety
- Belonging
- Meaning and Purposes
- Empathy and Validation
- Independence
- Privacy
- Dignity and Respect

Seniors rely more on others to meet their needs. Sanborn Gratiot Memorial Home employees and all of us are in a great position to help seniors in our community get the most out of their lives. We can do this by actively listening, truly listening, your only job is to hear and understand what they say. When the senior knows that you are listening intently, they feel a stronger connection to you and feel more fulfilled by the conversation.

Prioritize Safety. By removing physical risks in their environments and collaborating with them or professionals at the facility to complete low-cost home modifications.

Unless the aged person is in severe cognitive decline, they should be provided with the ability to advocate for themselves and be treated with dignity and respect. As much as possible, seniors should be in charge of their own lives. Show the senior they are valued!

All seniors are adults and therefore should be involved in meaningful activities that also provide for self-expression.

Social interaction is vital for the senior to feel well. Try promoting experiences and activities that bring people together.

Hygiene activities may become more difficult for people as they age. Asking them, compassionately, if they need help is necessary. Lack of hygiene can become a serious contributor to depression, anxiety, low self esteem and other mental and physical health issues.

Working together as a community we can assure seniors live a happy, healthy and meaningful life. For additional resources on addressing the emotional needs of seniors, contact Sanborn Gratiot Memorial Home, primary care physicians, 211 or other senior related services.

### **About Us**

Sanborn Gratiot Memorial Home, Inc. provides residential assisted living for the elderly with a mission to serve lower income seniors who are semi-independent and seeking a secure and affordable residence. We are located near beautiful Lake Huron in Port Huron, Michigan in St. Clair County. Sanborn Gratiot Memorial Home, Inc. is the only "licensed home for the aged" in St. Clair County and the only senior residence with a mission to serve lower income individuals.

Our expanded circa 1890 Victorian-style house is comfortably designed for ambulatory individuals and we are licensed to provide care for up to 32 residents age 55 and older. Paraprofessional staff provide 24 hour compassionate care for residents including personal services, laundry, bathing and medication administration. Please see our Activities & Services page for more information.

### Mission

It is the mission of Sanborn Gratiot Memorial Home, Inc. to provide an affordable, comfortable, safe, assisted living home to the aging community while striving to maintain a high quality of life for our residents through social activities and family involvement.

Do you know about Kroger Community Rewards? If you shop at Kroger, you can link your shopper's reward card to earn money for our organization at no cost to you and this will not affect your gas points! This program is designed so that Kroger donates back a percentage of your shopping total to the organization you designate and link to your shopper's reward card. Just go to Kroger.com and scroll to the bottom of the page where it says Community. Click on Community Rewards and follow the



instructions to sign up!

Be sure to follow us on social media!
Facebook, Instagram and LinkedIn!







Sanborn Gratiot Memorial Home has been an affiliated organization with United Way of St. Clair County for many years, enabling you to direct your gift to Sanborn Gratiot Memorial Home. Sanborn Gratiot Memorial would like to encourage you to give generously to the United Way of St. Clair County to support its efforts to provide assistance to many deserving community agencies. Take some time to check out the United Way of St. Clair County's website to view current activities, fundraisers, newsletter and information about their current campaign.

Donations to the United Way of St. Clair County can also be made on their website or feel free to call 810-985-8169 to see how you can be an "everyday hero".

Sanborn Gratiot Memorial home is always accepting donations for our residents. Some of the items that we currently need are:

Kleenex, Body Wash, Shampoo, Combs and Brushes, Adult Wipes,

Standard Size Pillow Cases, Lap Blankets, Twin Comforters,

Craft Supplies and Prizes for Bingo.

If you or someone you know would like to donate these wish list items, please feel free to contact Betty Guigar at 810-985-5631 or email her at Sanborn@bwdh.org.

Make A Difference
DONATE

Do you do a lot of shopping online? Want to know how you can help Sanborn Gratiot Memorial Home while you shop online? Go to iGive.com and sign up for an account. It is a free service where shopping at any of over 2000 stores like Walmart, Travelocity, Chewy, Overstock and more will mean a percent of your purchase will get donated back to Sanborn at no additional cost to you!! Sign up for your free account today and start



Contact Us
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www.sanborngratiot.org

### **Endowment Fund**

Sanborn Gratiot Memorial Home is proud to partner with the Community Foundation of St Clair County.

The organization has established an endowment fund with the Community Foundation. This fund supports Sanborn Home by helping cover the costs of resident activities, furniture, supplies, and other operating costs that enhance the lives of seniors living in the home.

If you are interested in learning more about the Sanborn Endowment Fund or making a donation please go to:

<u>www.stclairfoundation.org/fund/the-sanborn-gratiot-memorial-home-endowment</u>