

# Sanborn Gratiot Memorial Home Newsletter



Sanborn Gratiot Memorial Home recently received a very generous legacy gift from the estate of Ms. Pauline Runyon. Sanborn's legacy gift was one of several Ms. Runyon left to local community nonprofits. With the guidance of her attorney from Watson, Whaling, Coury and Stremers, she was able to leave gifts that reflected her values and desires posthumously.

Sanborn Gratiot Memorial Home is grateful to receive legacy gifts, which allow us to offer subsidies to seniors who cannot afford the full cost of care, and allows us to perform necessary improvements and maintenance of our building.

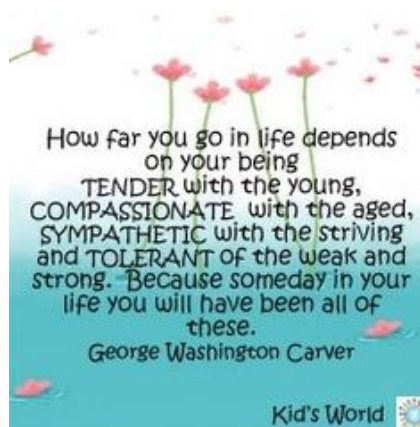
There are several ways you can leave a legacy gift for Sanborn:

- ◆ Community Foundation through Sanborn Gratiot Memorial Homes Endowment fund; contact Sue Schmid at 810-984-4761.
- ◆ In your will with the guidance of an attorney.
- ◆ Your financial planner, which may provide you with tax incentives.
- ◆ Life insurance designation to Sanborn Gratiot Memorial Home.
- ◆ A direct gift to Sanborn Gratiot Memorial Home.

Should you have any questions regarding leaving a legacy gift to Sanborn, feel free to call Lisa Beedon, Executive Director, or Kathryn Baker, Community Services Division Director at 810-388-1200.



Pictured to the left are staff member Cheyenne and resident Mary. This picture was captured unplanned by another staff member who was so moved by the love and care they were seeing. Sanborn Gratiot Memorial Home has the most amazing staff. Thank you all for all you do!



## Sanborn Gratiot Memorial Home

### Board of Directors

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Senior Millage  
Recipient



**Community Foundation**  
of St. Clair County





Sanborn Gratiot Memorial Home is a proud sponsor of the Dementia & Alzheimer's Association (D.A.A.) of St. Clair County's 7th Annual Alzheimer's 5K Run/Walk on September 24th.

The D.A.A. is a 501(c)3 and was founded in 2014 by Marcia Haynes as a summit on Alzheimer's with support from local agencies and in 2023 became the Dementia & Alzheimer's Association of St. Clair County. The purpose of the D.A.A. is to provide resources to caregivers and patients with dementia and Alzheimer's.

The D.A.A. is composed of key stake holders from St. Clair County (SCC): Council on Aging, SCC Community Mental Health, SCC Health Department, Visiting Nurse Association, Lakeshore Woods, SCC Sheriff's Department,

Blue Water Publishing, Life Skills Centers, medical professionals and representatives of skilled nursing, day care, home care and caregivers.

The money raised by the 5K Run/Walk will help local caregivers through the D.A.A. Respite Grant, D.A.A. Educational Speakers Series and a portion helps fund research at the Michigan Alzheimer's Disease Center. For more information on future events or how you can help the D.A.A., please contact Marcy Cameron, Executive Administrative Assistant, at 810-966-7814 or by email at [mcameron@scccmh.org](mailto:mcameron@scccmh.org).

Dementia vs. Alzheimer's		
	Dementia	Alzheimer's Disease
General Definition	A brain related disorder caused by diseases and other conditions.	A type of dementia. But the most common type.
Cause	Many, including Alzheimer's disease, stroke, thyroid issues, vitamin deficiencies, reactions to medicines, and brain tumors.	Unknown, but the "amyloid cascade hypothesis" is the most widely discussed and researched hypothesis today.

## Alzheimer's Symptoms



HEALTHY AGING BRAIN	OR	DEMENTIA WARNING SIGN?
Occasionally forgets appointments and names	✓	! Noticeably disruptive memory loss
Occasional errors with numbers	✓	! Inability to concentrate on instructions
Sometimes needs help using new devices	✓	! Difficulty with familiar, daily tasks
Temporary confusion about the day of the week	✓	! Loses track of time and place
Vision changes from cataracts	✓	! Difficulty understanding vision or space
Sometimes forgets the correct word	✓	! Can't follow a conversation
Retraces steps to find lost items	✓	! Misplaces things and blames others
Occasionally makes a poor decision	✓	! Decreased or poor judgment
Sometimes weary of obligations	✓	! Withdraws from favorite social activities
Annoyance at disruption of routine	✓	! Personality and mood changes

**CROSS KEYS VILLAGE**  
The Brethren Home Community

Note: Warning signs are only significant when they constitute a pattern, and markedly differ from your cognitive baseline. Stress, fatigue and medication can interfere with cognitive functions.



Residents were treated to the entertaining music of Joe DeHenau on August 22nd! Joe is a master of many instruments and performed several songs all afternoon to the enjoyment of the residents.

Music for the residents is brought in by the Sanborn Gratiot Memorial Home Auxiliary and is something the residents look forward too!

# Musical Fun







The YMCA of St. Clair County comes to Sanborn Gratiot Memorial home every Tuesday and Thursday to lead the residents in exercises to keep them fit! The residents love the class and can't wait until the next one!

# Exercise Class



## Blue Water Developmental Housing Re Grand Opening Ribbon Cutting Ceremony



**Wednesday  
October 4th, 2023  
Gather at 4:00pm  
Ceremony at 4:15pm**

**1362 River Rd, Suite 1  
St. Clair**

***Come celebrate and see  
the new location!***



[bluewaterchamber.com](http://bluewaterchamber.com)

**Blue Water Developmental Housing just recently moved into a new administration building and they would love it if you could come by and support them with their Blue Water Chamber Re Grand Opening event on October 4th.**







BLUE WATER  
DEVELOPMENTAL  
HOUSING, INC.

# Watch the Detroit Red Wings and support

Blue Water Developmental Housing, Inc.



January 11 @ 7 pm

\$130 per ticket | Section 101

(not including transaction fee)

Little Caesars Arena

2645 Woodward Ave Detroit, MI 48201

SCAN  
ME



Purchase your tickets beginning today.

\*Only 250 tickets available.

Order online by scanning QR Code.

If you have any questions please contact:

Ashley Lueth - lueth@bwdh.org | 810-388-1200

**Hop on the party bus and enjoy your ride to and from the game.**

If you purchase a ticket and would like to ride on the party bus, contact Ashley Lueth to secure your spot; limited to the first 56.

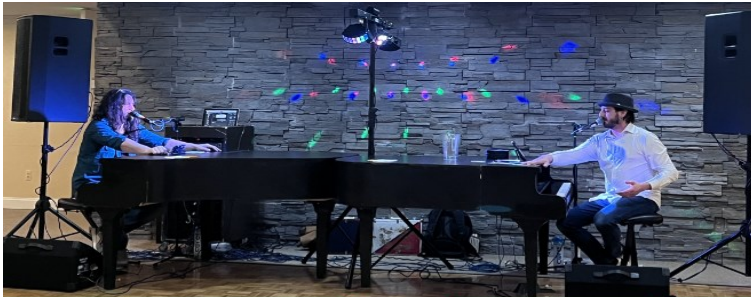
First 150 to purchase a ticket will receive a swag bag.

All purchases will receive a t-shirt to wear at the game and an entry into a basket drawing.

Proceeds from the fundraiser will benefit Blue Water Developmental Housing, its employee education fund and/or its employee emergency fund.



## Fundraisers and Events



*Save the  
date*

2024

SANBORN GRATIOT  
MEMORIAL HOME  
DUELING PIANOS FUNDRAISER  
MARCH 8, 2024

Alexanders Banquet Facility

Tickets Available at a Later Date

Mark Your Calendar!!

**Please Join Us!**

**Sanborn Gratiot Memorial Home  
Auxiliary**

**Fall Luncheon & Fashion Show**

**Thursday, October 26, 2023  
12:30 P.M.**

**Port Huron Golf Club  
4101 Fairway Drive  
Fort Gratiot, MI 48059**

**\$35**

**Fashions by Suzanne's**

*Prepaid reservations must be received by Oct. 16th.*

Please send your check payable to SGMH Auxiliary  
by Monday, October 16th  
to Donna Class, 1635 Connecticut Ave.,  
Maysville MI 48040  
810-580-0090

## About Us

Sanborn Gratiot Memorial Home, Inc. provides residential assisted living for the elderly with a mission to serve lower income seniors who are semi-independent and seeking a secure and affordable residence. We are located near beautiful Lake Huron in Port Huron, Michigan in St. Clair County. Sanborn Gratiot Memorial Home, Inc. is the only "licensed home for the aged" in St. Clair County and the only senior residence with a mission to serve lower income individuals.

Our expanded circa 1890 Victorian style house is comfortable designed for ambulatory individuals and we are licensed to provide care for up to 32 residents age 55 and older. Paraprofessional staff provide 24 hour compassionate care for residents including personal services, laundry, bathing and medication administration. Please see our Activities & Services page for more information.

### Mission

It is the mission of Sanborn Gratiot Memorial Home, Inc. to provide an affordable, comfortable, safe, assisted living home to the aging community while striving to maintain a high quality of life for our residents through social activities and family involvement.

Do you know about Kroger Community Rewards? If you shop at Kroger, you can link your shopper's reward card to earn money for our organization at no cost to you and this will not affect your gas points! This program is designed so that Kroger donates back a percentage of your shopping total to the organization you designate and link to your shopper's reward card. Just go to Kroger.com and scroll to the bottom of the page where it says Community. Click on Community Rewards and follow the instructions to sign up!



Be sure to follow us on social media!  
Facebook, Instagram and LinkedIn!



Do you do a lot of shopping online? Want to know how you can help Sanborn Gratiot Memorial Home while you shop online? Go to [iGive.com](https://www.igive.com) and sign up for an account. It is a free service where shopping at any of over 2000 stores like Walmart, Travelocity, Chewy, Overstock and more will mean a percent of your purchase will get donated back to Sanborn at no additional cost to you!! Sign up for your free account today and start earning for Sanborn!



[iGive.com](https://www.igive.com)

### Contact Us

Sanborn Gratiot  
Memorial Home  
2732 Cherry Street  
Port Huron, MI 48060  
(810) 985-5631  
[www.sanborngratiot.org](http://www.sanborngratiot.org)

Sanborn Gratiot Memorial Home has been an affiliated organization with United Way of St. Clair County for many years, enabling you to direct your gift to Sanborn Gratiot Memorial Home. Sanborn Gratiot Memorial would like to encourage you to give generously to the United Way of St. Clair County to support its efforts to provide assistance to many deserving community agencies. Take some time to check out the United Way of St. Clair County's website to view current activities, fundraisers, newsletter and information about their current campaign.

Donations to the United Way of St. Clair County can also be made on their website or feel free to call 810-985-8169 to see how you can be an "everyday hero".

Sanborn Gratiot Memorial home is always accepting donations for our residents. Some of the items that we currently need are: Kleenex, Body Wash, Shampoo, Craft Supplies, Comforters and prizes for Bingo. **We currently have a big wish list item; Asphalt to fill the end of our driveway/parking lot. We are in need to have this done and would love it if someone wanted to donate this service!**

If you or someone you know would like to donate these wish list items, please feel free to contact Betty Guigar at 810-985-5631 or email her at [Sanborn@bwdh.org](mailto:Sanborn@bwdh.org).

*Make a Difference!*  
**DONATE**

### Endowment Fund

Sanborn Gratiot Memorial Home is proud to partner with the Community Foundation of St Clair County.

The organization has established an endowment fund with the Community Foundation. This fund supports Sanborn Home by helping cover the costs of resident activities, furniture, supplies, and other operating costs that enhance the lives of seniors living in the home.

If you are interested in learning more about the Sanborn Endowment Fund or making a donation please go to:

[www.stclairfoundation.org/fund/the-sanborn-gratiot-memorial-home-endowment](http://www.stclairfoundation.org/fund/the-sanborn-gratiot-memorial-home-endowment)